

## Newly discovered gene regulates balance of 'bad' cholesterol (PhysOrg) (cholesterol medicine)

Contributed by Webmaster

### More info...

In an article in Science, Noam Zelcer from the LACDR (The Netherlands) describes a previously unknown mechanism for regulating the amount of LDL cholesterol. This offers opportunities for supplementing and improving the effect of so-called statins: medicines that remove 'bad' cholesterol from the bloodstream.

### Red yeast rice demonstrates cholesterol-lowering potential (Nutraingredients.com)

The herbal supplement was found to be effective in reducing the low-density lipoprotein (LDL) cholesterol level among 62 patients with hyperlipidemia and a history of discontinuation of statin therapy due to myalgias.

### Diets high in protein, cholesterol linked to liver cancer (New Kerala)

Washington, July 2 : Diets high in protein and cholesterol are linked with a higher risk of hospitalization or death due to cirrhosis or liver cancer, while diets high in carbohydrates are associated with a lower risk, according to the latest research.

### How can I pick the healthiest brand of red yeast rice? (CNN)

I saw Dr. Gupta talking about red yeast rice. I want to try it but there are so many different kinds. How do you know which are the best brands with the best ingredients? I know many of the natural supplements put a lot of junk in the product.

### Rosuvastatin, C-reactive protein, LDL cholesterol, and the JUPITER trial (Lancet)

In the JUPITER trial (April 4, p 1175), 1 Paul Ridker and colleagues enrolled apparently healthy men and women who were regarded as being at increased vascular risk because of raised concentrations of C-reactive protein (CRP). However, the assumption they make in associating elevated CRP concentrations with an enhanced inflammatory profile could be misleading in some patients.

### Cholesterol OK? Statins Still Help Heart (WebMD)

Millions of people without established heart disease could benefit from cholesterol-lowering statin therapy even if they don't have high cholesterol, a new analysis suggests.